

February 2010 Neptunes Training Schedule – Pan Am Pool & Cindy Klassen Rec. Centre

REGULAR WEEKLY SCHEDULE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--------|---|
| 11:45 am – 1:00 pm CB/YB vs. men scrimmage | 6:00-7:00 pm Squirt and Atom Splashdown (CKRC) 6:00-6:30 pm "New Swimmers" Splashdown (CKRC) 7:00-8:45 pm CB/YB (PAP-MT) 8:30-9:30 pm Men's Scrimmage (PAP-TT) | 8:00-9:15 pm Splashdown and Competitive BB/BG (PAP-MT) 8:00-9:30 pm CG/YG (PAP- TT) 8:00-9:00 pm Women's Scrimmage (PAP-TT) | 7:15-8:00 pm Dryland (PAP) 8:00-9:30 pm CG/YG (TT) 8:00-9:30 pm CB/YB (MT) | 7:00-8:00 pm Splashdown Squirts/Atoms (CKRC) 8:00-9:30 pm Adult Rec. League (PAP-TT) | | 2:00-3:00 pm Splashdown Squirts/Atom 2:00-4:00 pm Competitive Bantams 2:00-3:00 pm Dryland 3:00-5:00 pm CG/YG/OW 3:00-5:00 pm CB/YB/OM (All practices in PAP-TT) |

FEBRUARY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|----------------------------|----------------------------|----------------------------------|----------------------------|--|--|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | Neptunes Board Meeting 7:00pm | REGULAR WEEKLY SCHEDULE | | REGULAR WEEKLY SCHEDULE |
| | | | REGULAR WEEKLY SCHEDULE | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | | Neptunes AGM Pan Am Pool Boardroom 2:00-3:30 pm |
| | | | | | | REGULAR WEEKLY SCHEDULE |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | | Squirts/Atoms/Bantams Bring-a-friend Day 2:00-3:00 pm |
| | | | | | | REGULAR WEEKLY SCHEDULE |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | REGULAR WEEKLY SCHEDULE | Valentines International Tournament In Victoria | Swim meet in our practice space Alternate practice space to be TBA Valentines International Tournament Cadet/Youth/Junior Girls in Victoria |
| | | | | | | |
| 28 | | | | | | |
| REGULAR WEEKLY SCHEDULE | | | | | | |
| Valentines International Tournament | | | | | | |

BB/BG – Bantam Boys & Bantam Girls
 CB/CG – Cadet Boys & Cadet Girls
 YB/YG – Youth Boys & Youth Girls
 OM/OW – Open Men & Open Women

PAP-MT – Pan Am Pool (Main tank)
 PAP-TT – Pan Am Pool (Training tank)
 CKRC – Cindy Klassen Recreation Centre, 999 Sargent Avenue