

Competitive Water Polo for boys and girls born 1992-1997

Athletes who enter the competitive program will notice improved cardio vascular health, as well as acute eye-hand coordination skills. Our training schedule is demanding with continuous action, with a focus on fun and fitness.

Bantam (boys & girls born in 1996 or 1997)

An introduction to swimming strokes, passing, catching, scoring. Under the watchful eye of our certified coaches, athletes will practice skills and participate in friendly scrimmages. For swimmers who can swim 6 laps (150 yds) or more without touching the bottom.

Bantam September 22, 2009 – April 27, 2010 \$350
 Tuesday Pan Am 8:00 – 9:15 pm
 Saturday Pan Am 2:00 – 4:00 pm

Cadet (boys & girls born in 1994 or 1995)

Enjoy the experience of a team sport and commitment to fitness and fun! Water polo builds skills in swimming, coordination and sportsmanship. It's a great complement to hockey, soccer, basketball or competitive swimming! Cadet players train 3 times a week.

Cadet Boys September 14, 2009 - May 22, 2010 \$525
 Monday Pan Am 6:30 – 8:30 pm
 Wednesday* Pan Am 7:30 – 9:30 pm
 Saturday * Pan Am 2:30 – 5:00 pm
Cadet Girls September 15, 2009 – May 22, 2010 \$525
 Tuesday Pan Am 8:00 – 9:30 pm
 Wednesday* Pan Am 7:30 – 9:30 pm
 Saturday* Pan Am 2:30 – 5:00 pm

* Includes 30 minutes of dryland cross training.

Youth (boys & girls born in 1992 or 1993)

Broaden your team sport experience to local and interprovincial competitions! Youth players train 4 times per week and participate in local and away tournaments. (tournaments optional.)

Youth Boys September 14, 2009 – May 22, 2010 \$610
 Monday Pan Am 7:00 – 9:30 pm
 Wednesday* Pan Am 7:30 – 9:30 pm
 Thursday Pan Am begin Jan 2010
 Saturday* Pan Am 2:30 – 5:00 pm

Youth Girls September 14, 2009 – May 22, 2010 \$650
 Tuesday Pan Am 8:00 – 9:30 pm
 Wednesday* Pan Am 7:30 – 9:30 pm
 Thursday Pan Am begin Jan 2010
 Saturday* Pan Am 2:30 – 5:00 pm

* Includes 30 minutes of dryland cross training.

Registration Form September 14 – May 22, 2010

Bantam (2 training sessions per week)

Cadet (3 training sessions per week)

Youth (4 training sessions per week)

Last Name:	First Name
Email address:	Birth Year
Address	Postal Code
Home Phone:	Cell Phone
MHSC # (6 digit)	PHIN# (9 digit)
Parent / Guardian 1	Phone
Parent / Guardian 2	Phone
Emergency Contact 1	Phone

Relevant Medical Information

I consent to the collection, use and disclosure of information by Neptunes as in the privacy policy.

I consent to the use of contact information in the club's membership directory.

I consent to publish any photographs my child may appear in on the club's website to help promote Water Polo and the Club.

Signature Parent/Guardian

Date

Notes

- ❖ All Cheques should be made payable to the Winnipeg Neptunes Water Polo Club, and are due prior to the first training session. Payments may be divided into two equal installments, payable September 14, 2009 and January 4, 2010.
- ❖ Players may be invited by the head coach to train with and play at a higher age group level.
- ❖ Some practices are subject to cancellation due to swim meets or pool closures

Privacy Policy

Personal information collected by Neptunes will be used to:

- ❖ communicate with members about Neptunes programs, events, and activities
- ❖ compile team lists to send data and tournament entries to other clubs, coaches, officials or to MWPA or WPC
- ❖ provide emergency contact information while travelling to tournaments.

PHONE: 204.488.7749

WEBSITE: WWW.NEPTUNESWATERPOLO.COM

E-MAIL: INFO@NEPTUNESWATERPOLO.COM





Manitoba Water Polo Association

Registration/Consent Form

2009 – 2010

Name:	Age:
Address:	
City / Town:	Postal Code:
Phone Number:	Email:
Manitoba Medical 9 digit #:	Other Insurance # Blue Cross or GWL, etc.
Birth Date: (day/month/year)	Gender:

Please indicate all categories of membership that you participate in

<input type="checkbox"/> Athlete	
<input type="checkbox"/> Coach	NCCP/CBET Certification#:
<input type="checkbox"/> Referee	Level: Certification Year:
<input type="checkbox"/> Minor Official	Certification Year:
Club Affiliation: Neptunes Water Polo Club	

- I certify that all the above information is accurate and true. By signing this form, I acknowledge that I am a member of the Manitoba Water Polo Association and am governed by its policies and eligible for benefits of membership.

NOTICE OF WARNING

There is a potential risk for injury involved in training and participating in the sport of water polo. The Manitoba Water Polo Association (MWPA); and its member clubs, have tried to create a safe and controlled environment for participation. The MWPA has established rules for participation and conduct on and about the playing area that should be followed. I acknowledge that by signing this form that I understand and voluntarily accept the risks involved in participating in Water Polo programs. Risks include possible physical injury caused by other participants or collision with equipment, pool components or other participants, etc. I also understand that to prevent ear, mouth and other injuries the proper use of water polo equipment such as caps and mouth guards is recommended.

- Personal information collected by MWPA will be retained and used for the purposes that include communicating about Manitoba Water Polo programs, events and activities. I also understand that any photographs taken, may be used for MWPA published materials and website. I understand that by becoming a member of Manitoba Water Polo Association I am giving consent for MWPA using my information and photograph.

Applicant's Signature

Date:

Parent/Guardian Signature (if applicant under 18)

Date: